

Open Your Third Eye The Ayurvedic Way At the New Divya Spa at Leela Kovalam In India

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Special Holiday and Winter Packages Available for Great Value

The deluxe, five-star Leela Kovalam Beach Resort in Kerala on the Arabian Sea coast in southwest India, announces the opening of the luxurious Divya Spa and Ayurvedic Center. Special holiday spa packages are offered for this gift giving season promising a taste of nirvana and bliss to be remembered forever. Ayurveda is the ancient traditional Indian healing science, believed to be the oldest in the world and originally born in Kerala thousands of years ago.



Luxury and exclusivity go hand in hand at The Leela Kempinski Kovalam Beach Resort and this ethos has been carried into the stunning new 8,000-square-foot spa. Nestled on an outcropping of rock with panoramic views of the Arabian Sea, the resort has 181 rooms and suites on 44 acres, and two stunning infinity pools. Relaxation and wellness are the top priorities in this atmospheric and luxurious hideaway.

By indulging your special someone this holiday season with the most sumptuous and timeless gift of bliss and serenity at The Divya Spa, they will face the New Year renewed, relaxed and rejuvenated.

This once in a lifetime present offers a taste of enlightenment with a range of treatments including Shirodhara, where warm oil is drizzled from a copper pot on your ajna chakra, the third eye that gives you a direct connection to your soul and is the gateway to inner realms of higher consciousness. The treatments in this Relaxation and Renewal Package include rejuvenation of the body and soul with herbal oils and medicines that nourish the tissues and essentially slow down the aging process and detoxify. Benefits include: an awakening of the soul, improvement to physical health, prolonged life span, enhanced memory, greater intelligence and creativity, brightened complexion, and, increased mental and physical endurance.

Packages start at five days for \$1,490, seven days for \$2,225 and fourteen days for \$4,225. Conditions may apply and are based on availability.



When guests emerge from the treatments in Divya's Skin Care & Beauty Care Package they radiate true lovely warmth and attractiveness. Designed to improve the complexion and tone the body, treatments include detoxification and skin cleansing and enhancement therapies including facial massages, herbal face packs and intake of herbal recipes. Guests can expect general improvement to the skin tone as well as lasting relief from such skin ailments as psoriasis, eczema, dermatitis, folliculitis as well as slowing down of premature greying and hair loss. Packages start at five days for \$1,490, seven days for \$2,225 and fourteen days for \$4,225.

All packages include beach-view deluxe rooms (double occupancy), one-to-one consultations with on-staff Ayurvedic doctors, herbal medicines for the duration of the program and a daily 75-minute therapeutic Ayurvedic massage.

Special dietary options to contribute to the success of the treatments are also available. All Ayurvedic treatment programs are strictly personalized following an in-depth consultation with one of four Divya spa resident doctors.

An exquisitely peaceful Meditation Hall which is open to the air is where the Yoga Master teaches superb yoga and guided meditation based on his training in the Himalayas. Classes are private and tailored to the individual's level of experience from beginner to advanced. The yoga activities are priced from \$20 - \$37.

All packages can be pre-booked at the spa before travel or on arrival at the property. For the longer treatment packages, guests should contact the hotel to book prior to arrival.

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