

2007: The Best Hotel Gyms in the U.S

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AthleticMindedTraveler.com Announces Its Annual Best Hotel Gym List

The Top 10 hotel gyms received the company's recommendation after ongoing research of over 3,500 hotels and anonymous personal tours by the editorial staff.

Selection criteria included facility size, equipment quantities, multi-sport options (e.g., lap pool, sport court, etc.), cost and overall ambiance/atmosphere. To be considered as a "hotel gym", the facility must be located on hotel property or within an adjacent building.

"These hotels deserve special recognition for supporting and encouraging travelers' healthy and athletic-minded lifestyles," said Jim Kaese, Co-founder and Managing Member of Athletic-Minded Traveler LLC. "Our online resource has experienced tremendous growth and success because millions of business and leisure travelers now care about exercise options while away from home (up to 50% in one study) and want to learn about fantastic accommodations and facilities like these."

The Best Hotel Gyms in the U.S. for 2007 are:

1. Houstonian (Houston)
2. Renaissance ClubSport (Walnut Creek, CA)*
3. Park Hyatt at Bellevue (Philadelphia)
4. Four Seasons (San Francisco)
5. Embassy Suites Lakefront (Chicago)
6. Hyatt Regency La Jolla at Aventine (La Jolla, CA)*
7. Westin Atlanta Perimeter North (Atlanta)*
8. Grand Hotel (Minneapolis)
9. Broadmoor (Colorado Springs)*
10. Venetian (Las Vegas)

* denotes a hotel's first appearance in the Top 10.

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