

## SPA Circuit at ARTEH(R) Hotels - Update Nr 2

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ARTEH(R) Hotels and Resorts present the Second SPA Circuit Update, this time an Oriental SPA Circuit inspired by the Magic of Indian Spices.

Discover the third SPA Circuit at ARTEH(R) Hotels in India: Umaid Bhawan Palace, framed by the Vast Gardens of Jodhpur, Taj Lake Palace surrounded by the Tranquil Waters of Lake Pichola in Udaipur and Rambagh Palace, a Luxury and Extravagant Hotel that was once a sole Preserve of Kings in Jaipur.

### Taj Lake Palace

Built on a Small Island of the Tranquil Waters of Lake Pichola and surrounded by the Aravali Mountains stands a Majestic Palace of Mosaics and White Marble and the Sumptuous Taj Lake Palace, an ARTEH(R) Hotel in Udaipur.

Most of the Rooms share the benefits of these Surroundings with the Interior Lake or the Mountains in the background, the Palaces on the neighbouring Island or the City in View.

Surrender to the care of the Royal Spa, which offers several Treatments based on Centuries-Old Techniques of Health and Well-Being:

### **Treatments**

- Aromatherapy
- Indian
- Taj Signature
- Wraps and Scrubs

### **Massages**

- Champi - Head
- Facial
- Jivaniya - Invigorate
- Masala - Spice Scrub
- Mewar Khas - Relaxing
- Narikela
- Orja Dayaka - Energizing
- Pada Mardana - Feet
- Pavithri - Lymphatic Drainage
- Pehlwan Malish - Warriors
- Prishtha Mardana - Back
- Prithvi Mrit - Earth's Nectar
- Sammardana - Deep Tissue Relaxing
- Spa Pedicure e Manicure
- Sukhakara - Hash Relief
- Visharam - Relaxing

### **Health Club**

- Beauty Salon
- Jacuzzi

- Mini Gym
- Steam Bath
- Swimming Pool

### Rambagh Palace

Through the 47 acres of Lush Green and Ornamental Gardens, one can glimpse Jaipur's Rambagh Palace in India, an ARTEH(R) Palace Hotel that offers its guests a Taste of Royal Living.

The Richness of the Design in the public spaces and in the rooms, the magnificent beds, the High Ceilings and the Paintings on the walls stand out and reflect an Architecture that seamlessly Blends the best of Moghul and Rajput influences.

At the spa traditional Indian treatments are offered as well as Wraps or Massages with Aromatherapy, amongst the many treatments or Massages you may wish to enjoy:

#### **Treatments**

- Aromatherapy
- Indian
- Taj signature
- Wrap and scrub

#### **Health Club**

- Indoor and outdoor Relaxing Areas

### Umaid Bhawan Palace

This imposing ARTEH(R) Hotel and its Vast Gardens emerge like an Oasis atop Jodhpur.

The Architecture, conceived by Henry Lanchester, fuses Western and Eastern influences, with special mention due to the Central Dome with a Renaissance Spirit or the Rajput influenced Towers. The Interiors honour the Tradition of Luxury associated to Indian Palaces and the Decor follows the Art Deco style of the time.

Take delight in the Exclusive and Relaxing Treatments of the Taj Spa. The Massages and Therapies, intensified with the Aromas of Indian Oils and experienced in this Royal Setting, will feel Rejuvenating and make your whole Experience unforgettable:

#### **Treatments**

- Aromatherapy
- Indian
- Taj Signature
- Wrap and Scrub

#### **Massages**

- Back
- Balancing
- Champi - Head, Neck and Shoulders
- Deep Tissue
- Detoxify
- Earth's Nectar
- Facial
- Foot
- House Favorite
- Invigorate

- Lymphatic Drainage
- Plantain Leaf Wrap
- Purifying
- Relaxation
- Spa Pedicure and Manicure
- Spice Scrub
- Warrior

#### **Health Club**

- Jacuzzi
- Mini Gym
- Pool
- Sauna
- Turkish Bath

For an inspiring, enhancing and life giving SPA break, overlooking the ocean, in the city or tucked away by nature Stay Tuned for the next SPA Circuit, influenced by the Warm African Breeze that heats up the South of Portugal, at the ARTEH(R) Hotels: Vila Joya in Albufeira, Hotel Central, Hotel Dom Carlos Regis and Estalagem Dom Lourenço in the Thermal Village of Monchique and Convento do Espinheiro in Évora.

#### **About ARTEH(R) - Hotels and Resorts**

Best Independent Hotel Chain - Publituris Awards 2004 and 2005

ARTEH(R) - Hotels and Resorts is a soft brand independent Hotel Chain with a Luxury Collection of Charming & Exclusive Boutique Hotels and Resorts, with Golf and Spa.

ARTEH(R) offers a different lifestyle, in an exquisite and charming environment, be it to get away from daily stress, for a relaxing weekend, prolonged vacations or even a business event.

With the new Online Reservation System and ARTEH(R)'s selection, booking has never been so simple. Your destiny is only a Click away.

For further information on ARTEH(R) please visit ARTEH(R).

<http://www.arteh-hotels.com/>

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