

Top SPA Circuit - Portugal Special Edition

2008-02-19

ARTEH(R) presents a Special Edition SPA Circuit, dedicated to the Top SPAs in Portugal.

The Independent Hotel Chain, ARTEH(R) - Hotels and Resorts has been strongly betting on the SPA Segment in response to the demand of an obviously Expanding Market.

As a Result, the First Step was the Creation of a number of Luxurious SPA Circuits around the World, a Service that was explained and introduced in Circuit Nr 1 - 'SPA Circuit at ARTEH Hotels'.

As promised, updates on the Circuits have followed, and the ones divulged so far have focused on the Spanish History & Culture - 'Update Nr 1' and the Oriental Magic from India. 'Update Nr 2'.

After a tremendous Success, the Independent Hotel Brand has created a Special Edition that focuses on 8 of the very Best ARTEH(R) Hotel SPAs in Portugal:

ALGARVE

Vila Joya - Albufeira

On a cliff overlooking the Ocean, the Distinguished Vila Joya Shines like a Precious Stone offering Exclusivity, Luxury and Good Taste.

The Landscape can be appreciated from practically all Areas of the Hotel including the SPA that offers a number of different Treatments:

SPA: Facial - Joya Luxury Relaxing, Joya Royal Detoxify, Body - Facial, Neck and Décolleté, Indian Rub, Meditation, Papaya Mousse, Legs, Pranayama Breathing, Relaxing, Scrub with Rose Oil and Salt, Yoga, Massages - Aroma, Back, Classic, Deep Tissue, Foot, Four hand Indian Deep, Head, Indian deep Tissue, Health Club - Gymnasium, Interior Swimming Pool, Sauna, Turkish Bath, Aesthetic - Manicure and Pedicure.

The Thermal Village of Monchique - Monchique

Enclosed in a Beautiful Mountain Ridge, within the Caldas de Monchique Thermal SPA Village, stand 3 ARTEH(R) Hotels: Hotel Central, Hotel Dom Carlos Regis and Estalagem Dom Lourenço.

The SPA benefits from the Medicinal Properties of the local Thermal Water that helps to re-establish the Natural Balance of the Body and Mind through several well being Programs, which include Special Baths and Jet Showers, varied Massages, localised and general Therapies amongst many other Treatments for you to enjoy.

SPA: Massages - Full Body, Local, Treatments - Aromatic Aerobath, Mud Mask, Jet Shower, Vichy Shower, Linea Involvement, Optimal Involvement (full body and local), Cleopatra Bath, Thalaxion, Health Club, Turkish Bath, Gym, Hydromassage Pool and Sauna.

Memmo Baleeria - Sagres

The Attractive Memmo Baleeira stands in Sagres, overlooking the Atlantic Ocean along the Southwest Region of the Algarve. The Hotel's Decoration is inspired by the 60's and offers a Tranquil, Elegant and Contemporary Vibe in Tones of White, Blue and Tender Brown.

The SPA benefits from the amazing View, allowing Sunset Massages to the Sound of the Waves.

SPA: Treatments - Facial, Anima Di Vulcano, Anti-Age Mineral, Basic Manual, Facial Cleansing, Bohí Balancing, Bohí clear, Bohí SPA - thermal mineral of the Pirinéus Rocky Cracks, Cobber Drainage, Eye and Lip Contour, Bohí, Hydra System, Intense Brilliance, Mineral Sensitive, Moisturizing Mineral, Skin Renew, Specific Manual Facial Cleansing, Time Return, 'Zucca' Pumpkin Body, 5 O'clock Tea, Chocolate Blanket, Coconut Water, Detoxifying, Draining, Electrifying, Exfoliating, Oxygenating, Reaffirming Ginger and Lemongrass, Reducing, Remineralising, Soothing Jasmine Covering, Thalasso-Therapy, Thinning and Reaffirming Coffee, Massages - Feet Reflexology, Lymphatic Drainage, Oriental Cocktail, Sacrum-Cranium, Semi -Precious Jade Stones, Shiatsu, Sportive, Unique, Make-up, Manicure, Pedicure, Waving - Man and Woman.

ALENTEJO

Convento do Espinheiro - Évora

Well in the Heart of the vast Plains stands this Ancient Convent, recently transformed into a Surprising Luxury Hotel.

Enjoy the SPA which fuses the highest Quality Natural Ingredients with Contemporary and Ancestral Therapeutic Techniques in a number of different Treatments.

SPA: Body Wraps - Deluxe Chocolate, Deluxe Grape, Treatments - Anti-Ageing, Aromatherapy Bath, Body Toner, Chocoscrub, De-Sensitiser, Detoxifier, Detoxifying Seaweed and Mineral Bath, Eye Lift, Facial, Facial and Body Wrap with Black and White Pearls, Facial with Black Pearls, Full Body Salt and Oil Scrub, Gold Nectar, Gold Star Wrap, Grape Bath, Immune Booster, Muscle Relaxing, Muscle Relaxing Bath, Oil Controller, Purifying and Relaxing, Re-Hydrator, Skin Brightener, Skin Hydrator, Stress Reliever, Massages - Advanced Back, Face and Scalp with Hot Stones, Back, Body Toner, Chakra Balancing with Hot Stones, Detoxify, Oriental to the Head, Stress Relieving, Health Club - Heated Swimming Pool, Hot-Tub, Sauna and Turkish bath.

LISBON Region

Pestana Palace - Lisbon

The Pestana Palace was born from the Restoration and Refurbishment of the former Marquês de Valle Flôr Palace dated from the 19th Century and Classified as a National Monument.

From the SPA one can appreciate the view onto the Lush Gardens that surround the Palace while enjoying a number of Relaxing Bamboo inspired Treatments.

SPA: Massages - Body, Face and Body Aromatherapy, Local, Sport, Treatments - Caviar, Cellular Activator, Correction, Face Hot Chocolate, Fortifying, Man, Renovation, Seaweeds, Vitamin A Wrinkle Combat, Vitamin A with Retinol, Body - Chi-Yang Golden Harmony Reducer, Perfect Body, Thalmarin Exfoliate and Relax, Health Club - Cardio Fitness, Fitness Room, Interior and Exterior Swimming Pool, Jacuzzi, Sauna, Scottish Shower, Turkish bath, Massages and Specific Treatments - Body Hot Chocolate, Face and Body Ayurveda, Face and Body Chi-Yang, Face and Body Hot Stones, Local and Body Herbal Spa.

Grande Real Villa Itália - Cascais

A Sumptuous Hotel where one can breathe in the Ocean and the Luxury of a surprising Classical Modern Style.

Your stay at the Villa Itália would be incomplete without Experiencing the Thalassotherapy Circuit or the Vichy Shower at the Real SPA Marine, a Sanctuary of Roman inspiration and a Refuge for your Body and Mind.

SPA: Treatments - Anti-age, Anti-Cellulite, Aromatically Bath, Calming, Cocoon, Detoxify, Exfoliate, Eyes Contour, Hydrastine, Relaxing Bath, Remodelante, Sea Mud Wrap, Seaweed Involvement, Total Relaxing, Vitalization, Massage - Aromatherapy, Breuss, Crane-Face, Exfoliate under Sea Water, Geothermal, Huber, Inferior Members, Lymphatic Draining, Osteopath, Sports, Prenatal, Shiatsu, Spurt, Tui under Sea Water, Villa Itália, Health Club - Aqua Training, Gymnasium, Hammam, Kinessi, Personalized Training, Sauna, Thalasso Circuit, Aesthetics - Waxing, Manicure and Pedicure.

RIBATEJO

Hotel Lusitano - Golegã

In Golegã, at the Heart of the Ribatejo Region in the Centre of Portugal the Hotel Lusitano stands out due to its Charm, Elegance and the Experience of complete Tranquillity and Harmony it offers.

At the SPA, conceived for Physical and Emotional Renovation, you may take care for your Body, Relax with Anti-Stress or Special Massages and try an invigorating Vichy Shower.

SPA: Treatments - Anti Age, Detoxify/Slim, Friction, Hypo-Sensitive, Stimulant, Oxygenate, Sandal Dew Skin, Eucalyptus and Cypress Skin, Renewed Skin, Rosemary and Mint Vital Skin, Camomile and Lavender Pure Skin, Tonic, Massages - PuroSpa Signature, Local, Hot Stones, Relax, Vichy, Relax Zone, Turkish Bath, Sensations Bath, Jacuzzi, Indoor Swimming Pool, Sauna, Fitness - Bicycle, Elliptical, Cardio Fitness, Personal Trainer, Wave, Aesthetic - Manicure and Pedicure

MADEIRA

Choupana Hills Resort and Spa - Funchal

Overlooking the town of Funchal, atop a Hill and in the middle of a Subtropical Garden emerges the Luxurious Choupana Hills Resort & SPA.

Experiment the innovative Relaxation Methods, the Massages and varied SPA treatment Programs, and grasp at the chance of Revitalising the Body, Refreshing the Mind and awakening the Senses.

SPA: Aqua-aerobic, Anti-Cellulite Massage, Aromatherapy, Body and Facial, Treatments - Hammam, Hydro Massage, Interior and Exterior Acclimatized Pools, Jacuzzi, Make-up, Manicures, Pedicures, Peelings, Rasul, Sauna, Seaweed therapy and Yoga.

Expect the Best from other Luxurious World Destinations during the Next SPA Circuit, inspired by the Cool Ocean Breeze, at ARTEH(R) Hotels: Le Sirenuse in Positano, Hospes Maricel in Palma de Majorca, Capri Palace on Capri Island and Pestana Angra in Angra dos Reis.

About ARTEH(R) - Hotels and Resorts

Best Independent Hotel Chain - Publituris Awards 2004 and 2005

ARTEH(R) - Hotels and Resorts is a soft brand independent Hotel Chain with a Luxury Collection of Charming & Exclusive Boutique Hotels and Resorts, with Golf and Spa.

ARTEH(R) offers a different lifestyle, in an exquisite and charming environment, be it to get away from daily stress, for a relaxing weekend, prolonged vacations or even a business event.

With the new Online Reservation System and ARTEH(R)'s selection, booking has never been so simple. Your destiny is only a Click away.

For further information on ARTEH(R) please visit ARTEH(R).

<http://www.arteh-hotels.com/>

This article comes from Hotel News Resource

<http://www.hotelnewsresource.com>

The URL for this story is:

<http://www.hotelnewsresource.com/article31242.html>

© 1998 - 2008 Nevistas and the author.

Brought to you by Hotel News Resource

Distribute your news on our Network

See what all the buzz is about at:

http://www.hotelnewsresource.com/Info-news_account_info.html