

SPA Circuit Nr 6 at ARTEH(R) Hotels - Update Nr 5

2008-04-15

A selection of design SPAs with a Stylish and Artistic Vibe, for a Body and Mind Spring Special Break in Spain.

ARTEH(R) Hotels and Resorts SPA Circuit continues, this time in Spain where Style, Design and Art are the descriptive Keywords for this update's selection which contemplates the Brand's Hotels in Tarragona, Ampúdia and Puigcerdá.

If you have just discovered ARTEH(R)'s SPA Circuits around the World here's a quick summary on what you've been missing out on.

As a result of an obviously growing demand, the Independent Hotel Chain created a selected Journey Around Member Hotels with distinctive SPAs.

- The First SPA Circuit presented a circuit in Portugal, Spain and France
- Update Nr 1 was inspired by The Spanish Culture and History, bringing together a luxurious Spanish City SPA Selection.
- Update Nr 2 took SPA Seekers to India and presented an Oriental Scented Selection with Mystic Therapeutically Solutions.
- The Best SPAs in Portugal Special Edition brought out the Country's 'Crème de la Crème' selection from North to South.
- Update Nr 3 included See Breeze Destinations in Italy and Brazil.
- Update Nr 4 presented a Tropical Circuit in South Africa, Morocco and Brazil.

Update Nr 5, which brings us to the sixth SPA Circuit, takes you to 3 of the most stylish Hotels in Spain: Mas Passamaner in Tarragona, Posada Casa del Abad in Ampúdia and Hospes Villa Paulita in Puigcerdá.

Mas Passamaner

Framed in a 1920's mansion designed by the prestigious architect Domenech i Montaner, it has been completely renovated into a modern project by Angel Garcia Puertas.

Besides the 19 rooms and 7 suites, divided into isolated wings, this modern Hotel offers a higher quality Restaurant run by 5 Michelin Stars Chef Joaquín Koerper.

The SPA completes the charming experience of this Hotel, where the traditional experiences are complimented by personalized skin treatments as a result of the recent alliance with SPA Darphin by Estée Lauder.

Manual Therapies

- Relaxation Massage
- Ultrasonic Localized Therapy
- Head - Face
- Exfoliates with Body Hydrates
- Aromatherapy
- Localized and Complete Lymphatic Drainage
- Vichy Shower with Manual Massage
- Vichy Shower with Manual and Aromatherapy Massage
- Foot Reflexology
- Chocolate, Wine and Coffee Involvement with Stones
- Watsu

Facial Treatments

- C-PLUS Energy for Man
- Hidra-Mask Ressoüçant

- Oxygenating e Regenerative Marine 02
- Cold Marine
- Anti-Wrinkle Molding
- Active Facial Hygiene
- Mask with Algae and Mud Facial Massage
- Marine Prelude
- M.E Involvement
- Thalgobody Term
- Thalgomince Involvement
- Aromaceane

Aesthetics

- Beauty
- Waxing

Hydrotherapy

- Marine Bath
- Marine Bath with Algae
- Aromatic Bath
- Milk Bath
- Wine Bath
- Cyclonic Shower

Electrotherapy

- Pressotherapy
- Ultrasonic
- Anti-Cellulite Ultrasonic

Relax Zone

- Hydromassage Bath
- Dry Sauna
- Steam Bath
- Jacuzzi

Posada Casa del Abad

Framed by an historical village, close to Valencia in the Castile and Leon region in Spain, stands the Posada Casa del Abad, a fully refurbished 17th Century building converted into a Modern Hotel.

The Hotel's fusion of the Past and the Present is reflected at the Michelin Star Restaurant El Arambol, which was created in a former wine cellar and serves traditional dishes, re-invented by Chef Joaquin Koerper.

Although the Hotel offers many relaxing areas, from indoor patios to the library, the accommodation is not complete if you don't try the SPA:

Manuel Therapies

- Relaxation Massage
- Ultrasonic Localized Therapy

- Head - Face
- Exfoliates with Body Hydrates
- Aromatherapy
- Localized and Complete Lymphatic Drainage
- Vichy Shower with Manual Massage
- Vichy Shower with Manual and Aromatherapy Massage
- Foot Reflexology
- Chocolate, Wine and Coffee Involvement with Stones
- Watsu

Facial Treatments

- C-PLUS Energy for Man
- Hydra-Mask Ressouçant
- Oxygenating and Regenerative Marine 02
- Cold Marine
- Anti-Wrinkle Moulding
- Active Facial Hygiene
- Mask With Algae and Mud Facial Massage
- Marine Prelude
- M.E Involvement
- Thalgo-Body Term
- Thalgo-Mince Involvement
- Aromaceane

Aesthetics

- Beauty
- Waxing

Hydrotherapy

- Marine Bath
- Marine Bath with Algae
- Aromatic Bath
- Milk Bath
- Wine Bath
- Cyclonic Shower

Electrotherapy

- Press-Therapy
- Ultrasonic
- Anti-Cellulite Ultrasonic

Relax Zone

- Hydro-Massage Bath

- Dry Sauna
- Steam Bath
- Jacuzzi

Hospes Villa Paulita

Admire the reflection of the trees and the Mountains mirrored on the lake that surrounds Hospes Villa Paulita, a French Design Chic Hotel, located along the Spanish Pyrenees in a small town called Puigcerdà in Girona - Spain.

The Hotel brings together the old and the new in a fully redecorated mansion inspired by French architecture.

At the SPA, you should not miss the interior pool, the fitness areas or the treatments and massages to recharge your Batteries in Refinement.

Body Treatments

- Aromatic Scrub with Spices
- Café Crème
- Papaye Pureé
- Purifying

Body & Face Massages

- Anti-Wrinkles
- Purifying
- Ayurvedic
- Back
- Balinese (Ritual from Bali)
- Leg
- Oriental
- Reflexology
- Scalp
- Sports

Health Club

- Fitness Center
- Gymnasium
- Interior Swimming Pool
- Sauna
- Turkish Bath

Aesthetic

- Manicure
- Pedicure
- Waxing

For an Inspiring, Enhancing and Life giving SPA Break, overlooking the Ocean, Stay Tuned for the next and last SPA Circuit of this season, where the Brand presents Cosmopolitan Refuges at an ARTEH(R) Hospes selection in Spain that brings together: Palau de la Mar in Valencia, Hospes Madrid in Madrid, Amérigo in Alicante and Palacio del Bailío in Cordoba.

About ARTEH(R) - Hotels and Resorts

Best Independent Hotel Chain - Publituris Awards 2004 and 2005

ARTEH(R) - Hotels and Resorts is a soft brand independent Hotel Chain with a Luxury Collection of Charming & Exclusive Boutique Hotels and Resorts, with Golf and Spa.

ARTEH(R) offers a different lifestyle, in an exquisite and charming environment, be it to get away from daily stress, for a relaxing weekend, prolonged vacations or even a business event.

With the new Online Reservation System and ARTEH(R)'s selection, booking has never been so simple. Your destiny is only a Click away.

For further information on ARTEH(R) please visit ARTEH(R).

<http://www.arteh-hotels.com/>

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